

SWISS+WINNER

SAY GOODBYE TO 3 PUTTS

Tips from David Geary (PGA Teaching Pro)



Consistently making 2 putts from 10 m, 15 m or 20 m requires a very good touch. I believe the average golfer can learn to 2 putt if she/he follows 2 very simple points.

If direction isn't a problem you can focus a lot more on distance control. For the following exercises you need N° 1 a very light grip pressure and N° 2 rhythm.

EXERCISE N° 1:



Putt 5 balls (not to a hole) over and over again towards the edge of the fringe (Vorgrün). 8 m to 10 m. Practice until you get the balls rolling exactly the same distance. Do this exercise only with the right hand on the putter. You will notice that your putting swing will be longer after 10 minutes try with both hands keeping the swing long and smooth.

Very important – Long and Smooth. Don't look at the results until you've played the 5th ball. Not looking will help you feel the same stroke every time. It will also help you to keep your body and head steady.

EXERCISE N° 2:



Place 5 balls 3 m apart. The first ball is 5m from the hole. 2nd ball 8 m and so on. Practice with the same rhythm just adjusting the length of the swing. Very important here: You are not changing the speed of the swing. You are just lengthening backswing and followthrough. Important – Practice uphill, downhill and breakputts. The great thing with this drill is that you are never playing the same putt twice. To maintain rhythm say 1 thousand on the backswing and 2 till impact. Practice hard on these 2 drills and you will soon have very positive results.

PRO-TIPS



David Geary
(PGA Teaching Pro)

1. Buy a putter that fits your body and putting style.
2. Practice a lot more short game.
3. Make sure the last thought before you swing is positive.

Lesen Sie in der Ausgabe am 05.09.2014 «Auf den Rhythmus kommt es an» von PGA Teaching Pro Ralf Lehmann

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